

Curriculum Vitae

Bradford J. Bellard M.D.

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Sports Medicine Office Information:

The Sports Center:

11960 Lioness Way

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Parker, CO 80134

Phone: 303-649-3790

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Personal Business Information:

Dr. Brad MD LLC

8204 S Vandriver Way

Aurora, CO 80016

972-677-8170

Website: <https://drbradmd.com>

Practice History:

7/2025 – Current	Non-operative Sports Medicine Physician: The Sports Center (Parker, CO) <ul style="list-style-type: none">• Assistant Team Physician – Denver Broncos
9/2011 – 6/2025	Non-operative Sports Medicine Physician: Texas Sports Medicine and Orthopaedic Group
9/2011 – 6/2015	Assistant Team Physician <ul style="list-style-type: none">• Dallas Mavericks (National Basketball Association)
8/2019 – 12/2019	Assistant Team Physician <ul style="list-style-type: none">• Texas Revolution Arena Football Team
8/2024 – 6/2025	Assistant Team Physician <ul style="list-style-type: none">• Jesuit College Preparatory School of Dallas
9/2011 – 7/2013	Lead Team Physician <ul style="list-style-type: none">• Ranchview High School (Irving, TX)
5/2015 – 8/2016	Lead Team Physician <ul style="list-style-type: none">• Dallas Charge Professional Woman's Softball Team
11/2011 – Spring/2014	Emergency Medicine Physician: Medical Center of Lewisville
12/2013 – Spring/2015	Legacy ER & Urgent Care

4/2015 – 7/2019 First Choice Emergency Room

Fellowship: Primary Care Sports Medicine Fellowship – Geisinger Health System

7/2010 – 6/2011 Orthopedic sports medicine clinic
7/2010 – 6/2011 Primary care team physician

- Wilkes University
- Misericordia University
- Penn State University – Hazleton Campus
- Luzerne Community College
- Hanover Area high school

7/2010 – 6/2011 Assistant primary care team physician

- Bucknell University
- Wilkes-Barre/Scranton Penguins (American Hockey League)

Residency: Emory University School of Medicine

7/2007 – 6/2010 Emergency Medicine Resident
2010 Emergency Ultrasound Certification
2008 – 2009 Save of the Month: Three saves recognized
9/2009 Sports Medicine Rotation Development

Work Experience:

7/2010 – 6/2011 Emergency Medicine Physician (Moonlighting):

- Geisinger Wyoming Valley Hospital Emergency Department

2004, 2006 Anatomy Lab Teacher Assistant

- UT Southwestern Medical School

1999 – 2002 Emergency Room Technician

- East Houston Regional Medical Center Emergency Department

Large Event Medical Coverage

7/2007 Peachtree 5K Road Race
3/2009 ING Georgia Marathon
3/2010 ING Georgia Marathon
7/2010 Keystone State Games
8/2010 Wilkes-Barre Triathlon
3/2011 EAIA NCAA Wrestling Tournament
3/2011 Pennsylvania State Junior Wrestling Championships
4/2011 Tour de Tykes Bicycle Race – Medical Director

Education:

1998 – 2002	Bachelor of Science: Biology Honors College Graduate The University of Texas – San Antonio (UTSA), San Antonio, TX
2003 – 2007	Doctor of Medicine The University of Texas – Southwestern Medical School, Dallas, TX

Licensing:

7/2007 – 6/2010	Georgia temporary training permit
7/2010 – 6/2011	Pennsylvania temporary training permit
08/2011	Texas Medical License
11/2011	Board certified emergency physician
11/2021	Board certified sports medicine physician

Research:

2001 – 2002	Undergraduate Thesis: Investigation of the biological function of a novel extracellular matrix protein, β IG-H3, at the myotendinous junction in adult mice.
2009 – 2010	Sports Medicine/Emergency Medicine Research: Investigation of the competency and efficiency of athletic trainers and coaches in basic life support in response to sudden cardiac arrest
7/2010 – 6/2011	Sports Medicine Fellowship Research: Investigation of the prevalence and risk factors associated with the use of performance-enhancing drugs at the collegiate level.

Publications:

7/2003	Ferguson JW, Thoma BS, Mikesh MF, Kramer RH, Bennett KL, Purchio A, Bellard BJ , LeBaron RG. The extracellular matrix protein β IG-H3 is expressed at myotendinous junctions and supports muscle cell adhesion. <i>Cell Tissue Res.</i> 2003 Jul; 313(1): 93-105.
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Media:*Radio*

9/2011 – 8/2022	Regular guest on <i>Inside Sports Medicine</i> (Dallas ESPN station and The Ticket) radio talk show: Regular discussion related to sports medicine current events including injuries, diagnosis, treatments and the business of medicine...along with caller Q&A from the listening audience
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Podcast Host

- 3/2021 – 8/2022 Host of podcast *ELITE PerformENCE with Dr. Brad*. A personal development podcast designed to help high-achieving professional men succeed in work without sacrificing their fitness, family, and faith.
- 2/2023 – 11/2023 Host of *More Than Medicine* Podcast. The purpose of the podcast is to help physicians be more fulfilled, impactful, and thrive in their work and life. Topics range from personal development, business of medicine, entrepreneurship, and leadership

Podcast interviews

Docs Outside the Box with Dr. Nii
 License to Live Podcast with Dr. Jarret Patton
 Lunch & Learn with Dr. Berry
 Top Performer: The Podcast
 Jake Blanchard Podcast
 Chip Baker – The Success Chronicles
 National Men's Prayer Call
 Gift In A Gift Podcast
 Ask Nurse Alice Podcast
 The HeFluence Podcast with Michael Huey
 LaQuita's Toolbox Podcast
 Pro Mindset Podcast with Craig Domann

Film

- Summer 2020 *"A Better Way"*: A documentary highlighting the adverse effects & consequences of pain medication to healthcare and how an alternative more holistic approach to patient care can provide a better solution

Lectures/Presentations:

Clinical

- 10/2007 Hyperglycemic Crisis (Emory EM Residency Program)
 11/2008 Myasthenic Crisis (Emory EM Residency Program)
 9/2009 Blunt Cardiac Injury (Emory EM Residency Program)
 5/2010 Sports Related Injuries of the Upper Extremity (Emory EM Residency Program)
 8/2010 Sports Related Injuries of the Upper Extremity (Geisinger ATC forum)
 11/2010 Concussion Management (Pennsylvania Sports Concussion Roundtable)
 03/2011 The Emergent Eye (Bloomsburg Univ ATC Program)
 04/2011 Sports Related Injuries of the Upper Extremity (Geisinger Family Med Residency)
 05/2011 The Adult Hip (Geisinger Family Med Residency)
 05/2011 Lateral Elbow Pain (Geisinger Spring Sports Medicine Forum)
 Spring 2023 Conquering Chronic Tendinopathy: How to Take Patients from Pain to Peak Performance

Summer 2024

Practical Intro To Regenerative Medicine

Keynote/Motivational

11/2018	Keynote Address (The Cristina Project – Nonprofit)
04/2019	The ELITE Performance Blueprint (Momentum in Medicine Conference)
8/2019	Keynote Address (100 Black Men PG Maryland Chapter)
10/2019	The ‘Goal Getter’ Blueprint (Momentum in Medicine Conference)
7/2020	3 Keys to Gain Clarity on Your Purpose (License to Live Conference)
2/2021	The Bridge Between Success & Fulfillment (Metamorphosis Conference)
8/2021	Succeed at Work & Win in Life (Xerox)
9/2021	Brotherhood Requires Trust (Black Men Are Unbreakable Conference)

Memberships:

2003 – 2007	Student National Medical Association
2007 – 2010	Emergency Medicine Resident Association
2007 – 2020	American College of Emergency Physicians
2010 – Current	American Medical Society for Sports Medicine
2011 – Current	Texas Medical Association
2024 – Current	The Orthobiologic Institute (TOBI)
2024 – Current	Society of Physician Entrepreneurs (SOPE)

Leadership:

3/2000 – 3/2001	“Best of America” Chairperson <ul style="list-style-type: none">• Golden Key International Honour Society
3/2001 – 3/2002	Regional Student Representative <ul style="list-style-type: none">• Golden Key International Honour Society
4/2001 – 4/2002	Treasurer <ul style="list-style-type: none">• Alpha Epsilon Delta Pre-med Honor Society
8/2019 – 2020	Church Campus Overseer <ul style="list-style-type: none">• One Community Church (Prosper Campus)
8/2019 – 5/2021	Men’s Discipleship Leader <ul style="list-style-type: none">• One Community Church (Prosper Campus)
1/2021 – 6/2025	Board Member <ul style="list-style-type: none">• Cornerstone North Texas Non-profit
1/2023 – 6/2025	Chairman of the Board <ul style="list-style-type: none">• Cornerstone North Texas Non-profit
12/2023 – Current	Key Opinion Leader <ul style="list-style-type: none">• Tenex Health/Trice Medical

- 5/2025 – Current
 - Training and Education facilitator
- Medical Director
 - Hybl Sports Medicine & Performance Center

Community Service:

San Antonio, TX

- 9/1999 – 12/1999 Volunteer
 - Christus Santa Rosa Hospital Adult and Children's Emergency Department
- 10/2001 – 4/2002 Mentor
 - Big Brother/Big Sister Program
- 10/2001 – 4/2002 Volunteer
 - San Antonio AIDS Foundation

Dallas, TX

- 2003-2007 Usher
 - Holy Trinity Catholic Church
- 2003-2007 Lector
 - St. Luke's Catholic Church

Atlanta, GA

- 2007 – 2010 Health Ministry Member
 - Our Lady of Lourdes Catholic Church
- 2007 – 2010 Men's Ministry Member
 - Our Lady of Lourdes Catholic Church
- 2007 – 2010 Mo**MEN**tum youth ministry
 - Our Lady of Lourdes Catholic Church

Frisco, TX

- 2011 – 2016 Lector
 - St. Francis of Assisi Catholic Church

Plano, TX

- 2018 – 2020 Communications Host
 - One Community Church

Business/Entrepreneurship:

- 2014 – 2019 WorldVentures Network Marketing Distributor
 - Led a sales organization of >1,000 distributors
 - Top 5% leader in sales
- 2019 – Current Dr. Brad MD LLC – Coaching & Speaking Company

- Performance Coaching
 - Executive coaching for high-achieving men to help them achieve their professional goals without sacrificing their personal lives
- Physician Entrepreneurship Coaching
 - Helping physician entrepreneurs turn their passions into profit, by gaining the clarity & confidence to launch & grow their business
- Speaking
 - Performance & Goal Achievement
 - Physician Leadership Topics
 - “Service Over Self”: How to Create More Influence, Income, and Impact by Prioritizing Service Over Self

Sept 2024 – Current

Cardio-Bridge LLC

- President & Co-Founder
 - A physician-owned distribution and consultation company serving as a connection between innovative medical solutions and underserved populations