



DR. BRAD_{MD}

SPEAKER KIT



Dr. Brad Bellard (aka Dr. Brad) is a peak performance coach, and the founder and CEO of Dr. Brad MD LLC where he instructs and inspires driven professionals how to achieve higher levels of professional success and personal fulfillment, so they can experience the best version of themselves. He has an absolute passion to pour into individuals that want more out of life, so they can perform at an elite level and exceed their goals both personally or professionally.

He focuses on coaching successful professionals on the principles and tools needed to achieve even higher levels of results, purpose, and fulfillment. As a best-selling author, he has been featured in media outlets including ABC, NBC, FOX, and CBS. Dr. Brad is also a sought-after keynote speaker, delivering impactful messages on topics including elite performance, purpose clarity, resilience, and his personal story of going from ordinary to extraordinary.

Dr. Brad is also a double-boarded Emergency and Sports Medicine physician. He has served as a team physician for multiple professional teams including the National Basketball Association Dallas Mavericks. As a non-operative sports medicine specialist, he helps people of all activity levels achieve their fitness and lifestyle goals by using cutting-edge medical procedures to avoid surgery, decrease pain, and improve function for his patients.

He also serves as regular guest on the Dallas affiliate of ESPN 103.3FM radio show, "Inside Sports Medicine", where he helps to educate and inform the general public on sports medicine topics ranging from diagnosis, treatment, and the business side of medicine. Dr. Brad is a Magna Cum Laude graduate of the Honors College at the University of Texas San Antonio and earned his medical doctorate at the University of Texas - Southwestern in Dallas.

He completed his Emergency Medicine Residency training at Emory School of Medicine and Sports Medicine fellowship training at Geisinger Health System in Pennsylvania. He is married to his high-school sweetheart, Cristina Bellard, and together they have 3 beautiful children (Reina, Kingston, and Lincoln). In his free-time he enjoys maintaining his physical fitness, reading, and vacationing.



MEDIA

Dr. Brad has been featured articles in several magazines including:

FRISCO *QFS* STYLE™

COMMUNITY
IMPACT
NEWSPAPER

He has also been a featured guest on several radio outlets including:

ESPN
((RADIO))

KVDT
1160AM

KVGI
Radio
KVGI.RADIO.COM

His book ELITE: A Modern Success Guide to Purpose and Peak Performance has been featured in

CBS
NEWS



NBC

FOX



SPEAKER SERIES

Colleges and Universities

1. My Story: Going from Ordinary to Extraordinary
2. Elite Performance
3. Mapping your Goals for Success
4. Make your Morning Matter

Churches & Faith-based Organization

1. The Power of Belief
2. Faith-based Results
3. Your Purpose is Calling You
4. Fulfillment before Success

Corporations

1. The Secret to Peak Performance
2. The Successful Unfulfilled Professional
3. The Breaking Point of Results
4. Become Invaluable

Conferences

1. Success: The Great Sacrifice
2. Defining Your Purpose
3. The Age of an Inability to Cope
4. Elite Performance

Dr. Brad is also able to create customized content to suit your audience.



TESTIMONIALS

Amazing! He delivered a very personal and heartfelt keynote speech at our biggest fundraising gala this November and people from that event are still commenting to us how much they enjoyed his presentation.

Monica – The Cristina Project, Board Member

Dr. Brad's anecdotes and willingness to be transparent with his experiences, proved to be inspiring! Personally, I enjoyed seeing his passion to serve, which was at the core of his talk.

Branden – Alpha Performance Insurance, Owner

His ability to engage the crowd and deliver applicable information was incredible. I would highly recommend Dr. Brad for any event or engagement where you want to deliver maximum value to your attendees.

Jesse – Abundance Fundraising, CEO

LIST OF CLIENTS

- Frisco Chamber of Commerce
- Alpha Performance Insurance
- ONE Community Church
- The Cristina Project
- Abundance Fundraising
- University of Texas Southwestern Medical School